



Why Weight?

Envisioning A New Future in Eating Disorder Treatment



March 10-11, 2017

Newton Marriott
Newton, MA

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Disorder Treatment

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2017 Conference Information

Registration and Continuing Education Credit Hours

Conference registration fees include all keynotes, endnotes and breakout sessions, as well as, breakfast, lunch and snacks.

Who Is Invited?

The MEDA Conference is primarily designed for doctors, nurses, psychologists, social workers, mental health counselors, dietitians and other healthcare professionals who focus on the treatment and care of patients with eating disorders and subclinical eating disorders. Certain workshops are designed to meet the needs of advanced professionals and others are targeted to a more general audience.

Accreditation

Friday single-day registration: 5.75 continuing education credits. Social workers are eligible for 5.5 continuing education credits.

Saturday single-day registration: 6.00 continuing education credits

Full Conference (two-day registration): 11.75 continuing education credits

Physicians This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint sponsorship of McLean Hospital and The Multi-Service Eating Disorders Association. McLean Hospital is accredited by the ACCME to provide continuing medical education for physicians. McLean Hospital designates this educational activity for a maximum of 11.75 *AMA PRA Category 1 Credit(s)*[™]. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Psychologists

Friday single-day registration: This program is co-sponsored by McLean Hospital and The Multi-Service Eating Disorders Association. McLean Hospital is approved by the American Psychological Association to sponsor continuing education for psychologists.

McLean Hospital maintains responsibility for this program and its content. This offering meets the criteria for 5.75 C.E. hour(s) for psychologists. For more information, please call 617-558-1881 x 20.

Saturday single-day registration: This program is co-sponsored by McLean Hospital and The Multi-Service Eating Disorders Association. McLean Hospital is approved by the American Psychological Association to sponsor continuing education for psychologists. McLean Hospital maintains responsibility for this program and its content. This offering meets the criteria for 6.00 C.E. hour(s) for psychologists. For more information, please call 617-558-1881 x 20.

Full Conference (two day registration): This program is co-sponsored by McLean Hospital and The Multi-Service Eating Disorders Association. McLean Hospital is approved by the American Psychological Association to sponsor continuing education for psychologists. McLean Hospital maintains responsibility for this program and its content. This offering meets the criteria for 11.75 C.E. hour(s) for psychologists. For more information, please call 617-558-1881 x 20.

Registered Nurses: "This program meets the requirements of the Massachusetts Board of Registration in Nursing (244 CMR 5.00) for 11.75 contact hours of nursing continuing education credit. Advance practice nurses, please note: Educational activities which meet the requirements of the ACCME (such as this activity) count towards 50% of the nursing requirement for ANCC accreditation".

Mental Health Counselors: Application This program has been approved by MAMHCA for up to 11.75 continuing education units.

Social Workers: This program has been approved for 11.5 Social Work Continuing Education hours for relicensure, in accordance with 258 CMR. Collaborative of NASW and the Boston College and Simmons Schools of Social Work Authorization Number D72341-1 and D72341-2. The Social Work licensing board does not allow .25 credits. Credits will be rounded down to 5.5 Continuing Education Hours on Friday.

Dietitians: This program has been approved by the Commission on Dietetic Registration for 11.75 CPEUs.

Resolution of Conflict of Interest: McLean Hospital has implemented a process to resolve COI for each CME activity. In order to help ensure content objectivity, independence, fair balance, and ensure that the content is aligned with the interest of the public, McLean Hospital has resolved the conflict by External Content Review

Number of Credits Available

The total number of hours eligible for Continuing Education credits is 11.75 or 5.75 for Friday only and 6.0 for Saturday only.

About MEDA

MEDA's mission is to prevent the continuing spread of eating disorders through educational awareness and early detection. MEDA serves as a support network and resource for clients, loved ones, clinicians, educators and the general public.

MEDA does not necessarily endorse the materials and information that will be disclosed in the workshops or the information available at exhibit booths or the take one table.

Objectives

At the end of the MEDA Conference, participants will:

1. Participants will be able to examine and employ different techniques in incorporating the family into eating disorder treatment.
2. Participants will be able to examine different dietary interventions in the treatment of eating disorders.
3. Recognize in greater depth the unique medical, psychological and behavioral toll eating disorders have on clients across age, gender and ethnicity.

2017 Speakers

Adrienne Kerrigan M.Ed, CPC
AE Rueppel
Ann Goebel-Fabbri PhD
Anna Kowalski MA, LMFT, CEDS
Brad Smith MD
Bryn Austin, ScD
Caroline Balz LMHC
Chase Bannister MDiv MSW LCSW CEDS
Christy Harrison MPH, RD, CDN
Debra Benfield M.Ed., RDN, LDN, RYT-200
Gregory Holich, LPC
Jamie Atkins RD
Jen Henretty PhD, CEDS
Jennifer J. Thomas PhD
Jessica Setnick MS, RD, CEDRD
John Sharp MD
Judith Brisman PhD
Julia Cassidy MS, RD, CEDRDS
Kamryn T. Eddy PhD
Kari Anderson DBH, LCMHC, CEDS
Karin Lawson PsyD, CEDS, RYT-200
Kitty Westin, MS, LP

Laura Douglass PhD
Laura Moretti MS, RD, CSSD, LDN
Lauren Adler Dear MS, RDN, LDN
Malak Saddy RD, LD
Marci Evans MS, CEDRD, LDN, cPT
Marcia Black PhD
Margherita Mascolo, MD
Meg Steffey Schrier MS, RD, CSSD, LDN
Melainie Rogers MS, RDN, CDN, CEDRD
Melissa Coffin PhD, CEDS
Melissa Freizinger, PhD
Michael Genovese, MD, JD
Molly Mayerson MSW, LICSW
Monika Ostroff LICSW
Nicholas Farrell PhD
Nicole Siegfried PhD, CEDS
Rachel Rodgers, PhD
Robyn Kievit Kirkman FNP-BC, RDN, CSSD, CEDRD, LDN
Schuyler Bailar
Tammy Beasley RDN, CEDRD

Course Directors: Jaime Hyde, LICSW & Beth Mayer, LICSW

Refunds - Refunds will be granted, at no cost, for any reason, up until the start of the conference.

For further information about the Conference please visit: <http://www.medainc.org/events/national-conference>

**Adrienne Kerrigan, M.Ed,
CPC**



Adrienne Kerrigan is a health educator and certified professional coach through the International Coaching Federation. She has been working in the field of eating disorders since 2008. Adrienne previously worked in various treatment programs in the Boston area. Adrienne currently maintains a coaching practice providing in-home support services for clients struggling with eating disorders.

AE Rueppel



Ann-Elizabeth (AE) Rueppel is currently a full-time head of household, utilizing the management, organization, and financial skills she honed in her previous career as an advertising and media executive. With experience both at the startup and large company level, her career spanned both coasts. After settling into the western suburbs of Boston, she has been active in her local church, leading the education program, and has had numerous volunteer roles. Currently she is a Board Member at the Fay School. She is the proud mother of three daughters, and in her spare time enjoys outdoor activities such as skiing and hiking, and is an avid reader and passionate traveler.

Ann Goebel-Fabbri, PhD



Dr. Ann Goebel-Fabbri worked for 16 years as a clinical psychologist and researcher Joslin Diabetes Center and was an Assistant Professor in Psychiatry at Harvard Medical School. She is currently in private practice treating individual patients and also consults to healthcare teams and organizations to help them in their work with diabetes patients with and without eating disorders. Her work covers the spectrum of eating problems from food and insulin restriction to binge eating and obesity. She has published numerous research papers, chapters, and a new book on recovery from eating disorders in type 1 diabetes. She has been featured in the popular media, including BBC Radio, Good Morning America, National Public Radio, Huffington Post, CNN, and the New York Times.

**Anna Kowalski MA, LMFT,
CEDS**



Anna Kowalski has worked at Monte Nido since 2000 and has been integral in the development of the philosophy and growth of the company from the original six-bed “mountain nest” to the now Monte Nido & Affiliates, including Clementine, Monte Nido and Oliver-Pyatt Centers. She is a dynamic and engaging speaker and has presented nationally on eating disorders and recovery

Brad Smith, MD



Dr. Smith currently serves as the medical director of the Eating Disorders program at Rogers Memorial Hospital. He specializes in the assessment and treatment of eating disorders and related problems. Dr. Smith has a wealth of experience treating individuals with eating disorders across the lifespan and in various levels of care, including inpatient, residential, and partial hospitalization. He has lectured to professional and community audiences around the nation on eating disorders and a wide range of mental health topics.

Bryn Austin, ScD



Dr. Austin is an award-winning researcher, teacher, and mentor. She is Professor of Social and Behavioral Sciences at Harvard T.H. Chan School of Public Health and Professor of Pediatrics at Harvard Medical School and in the Division of Adolescent and Young Adult Medicine at Boston Children’s Hospital. She directs the Strategic Training Initiative for the Prevention of Eating Disorders: A Public Health Incubator (www.hsph.harvard.edu/stripped). She is a social epidemiologist and behavioral scientist with a research focus on environmental influences on eating disorders risk and public health approaches to eating disorders prevention. Dr. Austin is Secretary of the Board of Directors of the Academy for Eating Disorders and is the President of the Eating Disorders Coalition.

Caroline Balz, LMHC



Caroline worked in treatment centers for 10 years before going into private practice. Caroline worked on all levels of care at Walden Behavioral Care. She has lectured and co-lectured on issues such as DBT's applications for Eating Disorder treatment and suicide prevention. She also formally chaired the Board of MEDA.

**Chase Bannister MDiv MSW
LCSW CEDS**



Chase Bannister is the Founder, Senior Vice President, and Chief Strategy & Clinical Integrity Officer for Veritas Collaborative and is credentialed as a Licensed Clinical Social Worker and Certified Eating Disorder Specialist by IAEDP. Chase earned concurrent graduate degrees from the University of North Carolina at Chapel Hill and Duke University, completing residencies in clinical social work at Duke University Medical Center and Duke University's Counseling and Psychological Services. As Co-founder of Veritas Collaborative, Chase combines clinical and executive expertise to nurture a spirit of meaningful collaboration. Chase is highly regarded for his emphasis on integrity and ethics in clinical care, carrying an unmistakable zeal for advancing public awareness on eating disorder pathology, best-practice treatment, and sustainable recovery.

**Christy Harrison, MPH, RD,
CDN**



Christy Harrison, MPH, RD, CDN is a registered dietitian nutritionist and certified intuitive eating counselor based in Brooklyn, NY. She offers online intuitive eating courses and individual nutrition therapy to help people make peace with food and their bodies. Since 2013 Christy has hosted Food Psych, a podcast exploring people's relationships with food and paths to body positivity. It is now #1 on the U.S. iTunes charts for intuitive eating and Health at Every Size, and is one of the top 100 podcasts in the Health category. Christy began her career as a journalist in 2003, and has written for and edited major publications. As an expert on nutrition and people's relationships with food, she has been quoted in top media outlets. She currently writes *Refinery29's* monthly nutrition advice column, "How to Eat."

**Debra Benfield M.Ed., RDN,
LDN, RYT-200**



With 30 years of clinical experience, Debra is a nutrition therapist specializing in the treatment of eating disorders using evidence-based best practices in a compassionate, supportive, and caring manner. Over the last 10 years, Debra has integrated yoga into her treatment and became a registered yoga teacher with Curvy Yoga 3 years ago. Debra is passionate about offering yoga, along with nutritional therapy, to integrate the wisdom of embodiment as supported by mindfulness and accessible yoga for everyBody.

Gregory Holich, LPC



Greg is a Licensed Professional Counselor (LPC) at Timberline Knolls Residential Treatment Center, with over 10 years of experience working in the field of mental health. He received his Master of Science degree in Clinical Psychology from Benedictine University. Mr. Holich has worked with individuals in a variety of settings, including group homes, psychiatric nursing homes, and residential facilities. Through his training in Dialectical Behavior Therapy (DBT), Greg has provided counseling to groups and individuals, specializing in the treatment of eating disorders, substance abuse, and mood disorders. In addition, Mr. Holich has provided training in DBT to clinical staff in residential settings.

Jamie Atkins, RD



Jamie is a Registered Dietitian with a passion for food and is currently the Supervisor of Adult Dietary Programs at Center for Discovery. With a non-judgmental approach, Jamie helps people create a healthy relationship between food, mind, & body. Jamie has worked with all levels of care: inpatient, residential, partial hospitalization, intensive outpatient, and outpatient settings and has spoken on the topic of eating disorders at the national and international level. She is also on the board of the Los Angeles Chapter of the International Association of Eating Disorder Professionals (iaedp), serving as the social media chair; and a member of the Binge Eating Disorder Association (BEDA), and the International Federation of Eating Disorder Dietitians (IFEDD). Jamie has worked in this field since 2007, supporting clients where they are in their recovery.

Jen Henretty, PhD



Dr. Jen Henretty graduated summa cum laude with her BA from Ohio Wesleyan University before earning her MS and PhD in clinical psychology from the University of Memphis. She has been in the therapeutic industry for 15 years, treating eating disorders in both adolescent and adult populations and in all levels-of-care. She has authored multiple publications, and has functioned as an eating disorder subject expert. Passionate about size acceptance and the intersection of treatment and technology, Dr. Henretty is a Certified Eating Disorder Specialist (CEDS) and has spoken at local, national, and international conferences. She serves as President of the Los Angeles Chapter of the International Association of Eating Disorder Professionals (iaedp); is a member of the Academy for Eating Disorders (AED); and has practiced as an eating disorder therapist, Program Director, and the Director of Outcomes & Research for Center For Discovery.

Jennifer J. Thomas PhD



Dr. Thomas is Co-Director of the Eating Disorders Clinical and Research Program at Massachusetts General Hospital, and Associate Professor of Psychology, Department of Psychiatry, Harvard Medical School. Her research and clinical work focuses on atypical eating disorders, particularly the neurobiology and treatment of avoidant/restrictive food intake disorder (ARFID). Along with her colleague, Dr. Kamryn Eddy, she has developed a new cognitive-behavioral treatment for ARFID which she is currently testing in a foundation-funded study entitled “Cognitive-Behavioral Therapy for Avoidant/ Restrictive Food Intake Disorder: A Treatment Development and Pilot Study.”

Jessica Setnick MS, RD, CEDRD



Jessica Setnick has one of the most recognizable names in the eating disorders treatment world, thanks to her engaging and charismatic presentation style, her unique point of view, and her genuine ability to connect on a deep level, even from the podium. She has spent her career developing eating disorder treatment protocols in every level of care and shares her wealth of knowledge with health professionals and the public in every possible format, including the Eating Disorders Boot Camp: Training Workshop for Professionals audio course, The Eating Disorders Clinical Pocket Guide, The Academy of Nutrition and Dietetics Pocket Guide to Eating Disorders, as Eating Disorder Editor at Recovery Campus Magazine, in the forthcoming book *Managing Eating Disorders on Campus*, as a CEDRD Supervisor and mentor to treating professionals around the world, and in her many, many, many presentations. Jessica’s mission is to work toward a world where everyone who needs care for eating issues has access to qualified professionals, and no one is turned away due to insurance issues or mistaken stereotypes.

John Sharp, MD



Dr. John Sharp is a seasoned medical professional, a board certified psychiatrist who practices on both coasts. He is on faculty at the Harvard Medical School and the David Geffen School of Medicine at UCLA. Dr. Sharp is renowned for clearly conveying evidenced based messages regarding standards of professional competence. A sought after expert in the media, he has given over 1000 presentations on mental health issues in America. Dr. Sharp is a member of The American College of Psychiatrists and the Examining Committee of The American Board of Psychiatry and Neurology. He is a distinguished, award winning educator and Fellow of the American Psychiatric Association and the Academy of Psychosomatic

Judith Brisman, PhD



Dr. Judith Brisman is Founding Director of the Eating Disorder Resource Center in Manhattan. She is co-author of *Surviving an Eating Disorder: Strategies for Family and Friends*, is an associate editor of *Contemporary Psychoanalysis* and is on the editorial board of the journal *Eating Disorders*. She is on the teaching faculty of the William Alanson White Institute and she maintains a private practice in New York City.

Julia Cassidy MS, RD, CEDRDS



Julia Cassidy is the Director of Dietary for Center for Discovery where she has worked for over 13 years. Julia is a Certified Eating Disorder Specialist and a Licensed Body Positive facilitator. Julia is also the Co-Chair for the Nutrition SIG with AED (Academy for Eating Disorders), which allows for her to be the liaison to DEED (Disordered Eating and Eating Disorders) through the SCAN DPG (Sports, Cardiovascular and Wellness Nutrition – A Didactic practice group for The Academy of Nutrition and Dietetics). Through her passion of nutrition, food, positive body image and eating disorder recovery, Julia has developed and updated the nutrition program used with all clients in the adolescent residential programs at Discovery. Seeing her clients take the path and make changes in their life from the time of admission to the time they discharge is the greatest reward of her career. Julia’s belief is having a healthy relationship with food through balanced nutrition is the baseline to attaining the tools necessary while on the road to recovery.

Kamryn T. Eddy PhD



Dr. Eddy is Co-Director of the Eating Disorders Clinical and Research Program at Massachusetts General Hospital, and Associate Professor of Psychology, Department of Psychiatry, Harvard Medical School. Her research and clinical work focuses on the neurobiology and long-term outcome of eating disorders, particularly low-weight eating disorders such as anorexia nervosa and avoidant/restrictive food intake disorder (ARFID). Along with her colleague, Dr. Jennifer Thomas, she has developed a new cognitive-behavioral treatment for ARFID which she is currently testing in a foundation-funded study entitled "Cognitive-Behavioral Therapy for Avoidant/Restrictive Food Intake Disorder: A Treatment Development and Pilot Study."

**Kari Anderson DBH,
LCMHC, CEDS**



Dr. Kari Anderson has specialized in the treatment of eating disorders for 25 years, currently the Chief Clinical Director for Green Mountain at Fox Run Women's Center for Binge and Emotional Eating. She is the co-author of the book, *Eat What You Love, Love What You Eat for Binge Eating: A Mindful Eating Program for Healing Your Relationship with Food and Your Body*. Kari is faculty for the Eating Disorder Institute at Plymouth State University and serves on the Certification Committee for the International Association of Eating Disorder Professionals.

**Karin Lawson PsyD,
CEDS, RYT-200**



Karin Lawson, PsyD, CEDS, RYT, is a licensed psychologist, certified eating disorder specialist and registered yoga teacher in Miami, Florida. As a clinician in private practice, Karin specializes with clients who struggle with eating disorders, as well as clients who are dealing with major medical issues. Certified in Curvy Yoga, Karin is particularly dedicated to the support of people in larger bodies as she seeks to dispel myths and create new experiences.

Kitty Westin, MS, LP



Kitty Westin is the founder and former President of the Anna Westin Foundation which is now known as The Emily Program Foundation. The Anna Westin Foundation was started by Anna's family after Anna died of anorexia in 2000. Kitty is the past president and on the board of The Emily Program Foundation, the Eating Disorders Coalition for Research, Policy & Action she serves on the Minnesota Mental Health Legislative Network and numerous other boards and counsels. Kitty's work as an advocate began nearly 17 years ago and she has spent the majority of her time advocating for improved access to care and better education for health care professionals. Kitty was a founding member of the Eating Disorders Coalition and she currently spends time in Washington DC training grass roots activists and meeting with members of Congress to educate them and advance eating disorders legislation. On Dec. 13, 2016 she was present when President Obama signed the 21st Century Cures Act that included the first bipartisan eating disorders specific bill to reach Congress in a decade, The Anna Westin Act.

Laura Douglass PhD



Laura Douglass, Ph.D. is the Assistant Dean of Professional Studies at Endicott College. Her research interests are related to trauma, eating disorders, somatics and learning through the body. She has published in *Eating Disorders: The Journal of Prevention and Treatment*, *The International Journal of Yoga Therapy, Religion & Education* among others.

**Laura Moretti
MS,RD,CSSD,LDN**



Laura is the dietitian for the Division of Sports Medicine and the Female Athlete Program at Boston Children's Hospital. She completed her Master's Degree in clinical nutrition as well as her didactic program in clinical dietetics at New York University's Steinhardt School. Laura is a Board Certified Sports Dietitian specializing in sports performance based nutrition as well as treating low energy availability, disordered eating and eating disorders in athletes.

**Lauren Adler Dear MS,
RDN, LDN**



Lauren is a Registered Dietitian Nutritionist with private practice locations in Boston and Brookline specializing in digestive health. She is an expert on the low FODMAP diet and treats a wide range of clients with digestive disorders including IBS, SIBO, Crohn's disease, celiac disease, ulcerative colitis, and gastroparesis. Her Brookline practice is part of Boston Behavioral Medicine, where she also counsels clients with eating disorders. Lauren's work there, in addition to past work at Brigham and Women's Hospital as an outpatient dietitian, has led her to develop a keen interest in how eating disorders and GI disease overlap. Lauren is also trained in clinical hypnotherapy and uses this modality for treating clients with digestive symptoms and eating disorders.

Malak Saddy RD, LD



Malak Saddy has over five years' experience in adolescent nutrition counseling, food cultures, and integrative nutrition education. Malak has lectured at universities to dietetic students as well as at local schools on the effects of eating disorders and challenging others to incorporate the All Foods Fit Philosophy into their own lives. She is passionate about providing individualized nutritional care and counseling support to clients and their families while being compassionate and is empathetic to their needs.

Marci Evans MS, CEDRD, LDN, cPT



Marci has dedicated her career to counseling, supervising, and teaching in the field of eating disorders. In addition to her private practice and three adjunct teaching positions, Marci launched an online eating disorders training for dietitians in 2015 and is co-developing a specialized eating disorder internship at Simmons College. She volunteers for a number of national eating disorder organizations including the iaedp certification committee (and encourages all of you to get certified!). This past year she has participated in an advanced integrative and functional nutrition training to advance her skills in treating co-occurring gastrointestinal concerns in the eating disorder population. She has spoken locally and national at numerous eating disorder-related conferences and she loves social media so tweet her @marciRD, follow her on Facebook, and check out her blog.

Marcia Black PhD



During her 25+ years of practice, I have integrated numerous modalities into my work, including psychodynamic, expressive arts, CBT, mindfulness, analytic, and E/RP. The obsessive/compulsive dimensions present in anorexic patients is the current focus of her clinical work. She is very excited about how this work dramatically aids recovery.

Margherita Mascolo, MD



Dr. Mascolo is the Medical Director of ACUTE Center for Eating Disorders and a hospitalist at Denver Health. She completed her undergraduate work at the University of St. Thomas in Houston, Texas and earned her medical degree at the University of Texas Health Sciences Center. She completed her residency in Internal Medicine at the University of Colorado in Denver. She is board certified in Internal Medicine and is an Associate Professor in the Department of Medicine at the University of Colorado. Dr. Mascolo is also proud to have been with ACUTE since its inception and serves as the Medical Liaison Chairperson for the IAEDP Denver Chapter.

Meg Steffey Schrier MS, RD, CSSD, LDN



Meg Steffey Schrier has been the Sports Dietitian for Harvard Athletics/University since 2013. She is a board certified sports dietitian (CSSD), which is the premier professional sports nutrition credential. She also has an M.S. in Nutrition and Health Promotion from Simmons College and completed her dietetic internship at Beth Israel Deaconess Medical Center, a Harvard teaching hospital. As a licensed and practicing sports nutritionist and certified personal trainer as well as a former collegiate rower, Steffey Schrier buttresses her foundation of nutritional knowledge with practical experience of how sports nutrition plays out in performance. She has worked furiously to create a nutrition screening tool for Harvard athletics that is now in its third year of use and leading to identification of athletes at risk.

Melanie Rogers MS, RDN, CDN, CEDRD



Melanie Rogers is a Certified Eating Disorder Registered Dietitian (CEDRD) and Supervisor and is dedicated to supporting others in their quest to achieve long-term recovery. She is the Founder and Executive Director of BALANCE eating disorder treatment center™ and melanie rogers nutrition, llc. Melanie Rogers MS, RDN, CDN, CEDRD is a recognized expert on eating disorders. She is a dynamic speaker and educator, and is the co-founder and first President of the International Association of Eating Disorders Professionals (iaedp) New York Chapter.

Melissa Coffin PhD, CEDS



Dr. Melissa McLain Coffin is a licensed psychologist and a certified eating disorder specialist. She has worked for Oliver-Pyatt Centers since 2008 and in 2016 joined the larger leadership team of Monte Nido & Affiliates as the Senior Director of East Coast Clinical Programming. Aside from supporting the successful treatment of people working towards a full recovery, Melissa also enjoys presenting nation-ally on eating disorders.

Melissa Freizinger, PhD



Melissa Freizinger, Ph.D., is the Associate Director of the Eating Disorder Program in the Division of Adolescent Medicine and the Department of Psychiatry at Boston Children's Hospital and an instructor in Psychiatry at Harvard Medical School. Dr. Freizinger has presented national and local work-shops and lectures on the topic of eating disorders, eating disorders and college students, and border-line personality disorder. Her clinical interests include the application of DBT to eating disorders, eating disorders and suicidality, and Family Based Treatment.

**Michael Genovese,
MD, JD**



Michael Genovese is the Chief Medical Advisor of the Acadia Healthcare Recovery Division. He is Assistant Clinical Professor of Medicine at the University of Arizona, a Diplomate of the American Board of Psychiatry and Neurology, and a member of the American Psychiatric Association and of the American Academy of Addiction Psychiatry. Before joining Sierra Tucson, Dr. Genovese co-founded Long Island Mind and Body (LIMB), a highly successful medical practice that brought state-of-the-art integrative treatments to a growing patient-base in metropolitan New York. While establishing LIMB he also practiced as an attending physician at nearby Winthrop University Hospital. He was a fellow at the New York University/North Shore University Hospital Child and Adolescent Psychiatry Program, and he completed his residency training at the University of Connecticut School of Medicine. Before beginning his medical studies, Dr. Genovese earned a Juris Doctor degree at the University of Pittsburgh School of Law. He is a member of the New York Bar and the American Bar Association, and he maintains a special counsel relationship with the law firm of Sullivan & Sullivan LLP, in Garden City, N.Y. He is an advocate for attorneys seeking treatment for addiction and co-occurring disorders. Dr. Genovese writes, speaks, teaches and consults widely in the disciplines of pharmacology, neuromodulation and pharmacogenomics.

**Molly Mayerson MSW,
LICSW**



Molly Mayerson is a LICSW at CNC360. She has been working in the field of eating disorders since 2008. Molly has had experience working in residential, partial, and intensive outpatient care. She currently provides individual therapy and in-home support services for clients struggling with eating disorders.

Monika Ostroff LICSW



Monika Ostroff, LICSW is nationally recognized for her contributions to the field of eating disorders and their treatment. With expertise in individual, group and family therapy in both outpatient and hospital settings, Monika has 26 years of experience in the field of eating disorders. She has directed several successful outpatient and hospital based programs. Among her credits, Monika is the co-author of *Anorexia Nervosa: A Guide to Recovery*, 1999; and a contributing author to both *Self-Harm Behavior and Eating Disorders*, 2004 and *The Thinking Mom's Revolution: Autism Beyond the Spectrum*, 2012. She has appeared on several radio and television broadcasts including NPR's Public Affair and Boston's WCRH Arts and Ideas.

Nicholas Farrell PhD



Dr. Farrell earned his doctoral degree in clinical psychology studying the use of evidence-based cognitive behavioral treatments for eating disorders as well as problems that frequently co-occur with eating disorders. He has published over 15 peer-reviewed journal articles and book chapters on this topic. He has also received grant funding to conduct important research on reducing stigmatization of individuals with eating disorders. He is currently the clinical director/supervisor of the Eating Disorders program at Rogers Memorial Hospital.

Nicole Siegfried, PhD, CECS



Dr. Nicole Siegfried is a Certified Eating Disorder Specialist (CEDS), a licensed clinical psychologist, and is the Director of Eating Disorder Program Development for Castlewood Treatment Centers. Nicole has worked in the field of eating disorders for over 15 years and has treated clients at the residential, partial, intensive outpatient, and outpatient levels of care. She served as an Associate Professor of Psychology at Samford University and is currently Adjunct Associate Professor of Psychology at University of Alabama at Birmingham. She is an international speaker and has published research, magazine articles, and book chapters in the field of eating disorders. A member of IAEDP and the Academy of Eating Disorders (AED), she currently serves as Chapter President for the Alabama Chapter of iaedp and Co-Chair of the Eating Disorders and Suicide Prevention AED Special Interest Group.

Rachel Rodgers, PhD



Dr. Rachel Rodgers, Ph.D. is a researcher and clinical psychologist, and an Associate Professor in the Department of Applied Psychology at Northeastern University, and director of the APPEAR research lab (<http://nuweb9.neu.edu/appear/>). She trained in the UK, France and Italy, and received her Ph.D. from the University Toulouse-le Mirail (France). Her research aims to examine socio-cultural determinants of body image, eating, and weight concerns, and develop effective prevention strategies targeting these factors, as well as to generate research which may inform public policy. Particularly, she is interested in informing policies with potential to decrease exposure to and pressure to attain social appearance ideals (media, advertising, fashion, etc.). She is the author of over 100 scholarly articles and book chapters.

Robyn Kievit Kirkman FNP-BC, RDN, CSSD, CEDRD, LDN - A registered dietitian nutritionist, certified specialist in sports dietetics, certified eating disorders registered dietitian, and family nurse practitioner with 20 years of experience, Robyn Kievit Kirkman supports her clients in the areas of eating disorders, weight management, sports nutrition and well-ness goals. Robyn employs a patient, mentoring approach in her work, with an emphasis on helping clients attain their best health in small, new, habitual lifestyle steps while focusing on the positives of what clients are already practicing on their own. Her varied work background – as cardiac dietitian, staff nurse, nurse practitioner and nutrition consultant to schools, hospitals and professional sports teams – has given her a unique ability to achieve positive client results. Robyn sits on the Consumer Advisory Board for Paramount Farms and the Wheat Foods Council. She also serves on the Health Professional Advisors Panel for the Egg Nutrition Center and has served as a nutrition expert to the American College Health Association.



A registered dietitian nutritionist, certified specialist in sports dietetics, certified eating disorders registered dietitian, and family nurse practitioner with 20 years of experience, Robyn Kievit Kirkman supports her clients in the areas of eating disorders, weight management, sports nutrition and well-ness goals. Robyn employs a patient, mentoring approach in her work, with an emphasis on helping clients attain their best health in small, new, habitual lifestyle steps while focusing on the positives of what clients are already practicing on their own. Her varied work background – as cardiac dietitian, staff nurse, nurse practitioner and nutrition consultant to schools, hospitals and professional sports teams – has given her a unique ability to achieve positive client results. Robyn sits on the Consumer Advisory Board for Paramount Farms and the Wheat Foods Council. She also serves on the Health Professional Advisors Panel for the Egg Nutrition Center and has served as a nutrition expert to the American College Health Association.

Schuyler Bailar



Schuyler Bailar is the first openly transgender athlete to compete in any sport on an NCAA Division 1 men’s team. By 15, he was one of the nation’s top 20 15-year-old breast stroke swimmers. He set a national age group record at 17. Schuyler’s difficult choice – to transition while potentially giving up the prospect of being an NCAA Champion – was historic and timely. His story has appeared everywhere from *The Washington Post* to *60 Minutes* to *The Ellen Show*. Schuyler chronicles his story on Instagram - @Pinkmantaray – so others may explore his example in their journey.

Tammy Beasley, RDN, CEDRD



Tammy has been practicing as a registered, licensed dietitian/nutritionist with the Academy of Nutrition and Dietetics for over thirty years, of which the last 25 have been specialized in the field of eating disorders. Tammy was the first RD to become a certified eating disorder registered dietitian (CEDRD) with the International Association of Eating Disorder Professionals in 1993, and has served on the Certification Committee since 2008, stepping into the role of Director in 2013. During her tenure, the Commission on Dietetic Registration approved the CEDRD Certification for RDs in the field of eating disorders as of June, 2015. She serves as Chair of the Nutrition and Dietetics Advisory Board for Auburn University, and is currently President of the Alabama Dietetic Association. In November 2015, she joined Castlewood Treatment Centers as National Coordinator for Educational Outreach, working with both clients in treatment and clinicians dedicated to their clients’ recovery.

Friday, March 10, 2017

8:00-8:30AM	Registration and Check-InWelcome Table
8:00-8:30AM	Breakfast
8:30-9:00AM	Welcome
9:00-10:15AM	<p>Keynote Address by Schuyler Bailar</p> <p><i>Schuyler Bailar—His Story</i></p> <p>From national record breaker to the first transgender NCAA D1 men’s competitor, Schuyler discusses his experiences and the universal tensions of trying to "fit-in" in our media-saturated, caricature-driven world while trying to find one's authentic self. He will also touch on the role disordered eating, self-harm, depression and therapy have played in his journey. Having lived on the margin (woman, Korean American, Gay, Trans) and now often perceived as a privileged elite. ("Harvard white guy") his inspiring story is peppered with unique and insightful perspectives.</p>
10:15-10:30AM	Refreshment Break
10:30AM- 12:00PM	Concurrent Sessions 1
	<p>Jessica Setnick MS, RD, John Sharp MD, Robyn Kievit Kirkman FNP-BC, RDN, CSSD, CEDRD, LDN</p> <p><i>Sticky Situations - Consultations in Real Time</i></p> <p>A panel of experts will each describe 1-2 challenging cases unknown to other panel experts. Each panel expert will give their feedback and opinion centering around the theme of 'to treat or not to treat', i.e., when to ask a patient to find a new provider. The expert presenting each case will then disclose the summation of the case to both the panel and audience.</p>
	<p>Tammy Beasley, RDN, CEDRD & Nicole Siegfied, PhD, CECS</p> <p><i>A Team Approach to Transforming Food and Body Shame</i></p> <p>Shame has been identified as a contributing and maintaining factor in disordered eating; however, food and body shame are particularly toxic and negatively impact both mental and physical health throughout the eating disorder recovery process. This workshop will provide an in-depth examination of food and body shame from a nutritional and psychological perspective, incorporating a collaborative team approach using the Three Elements of Self-Compassion and principles of shame resilience based on Brene Brown's Connections Curriculum. Attendees will learn and experience practical, creative and effective interventions to transform shame into a healthy relationship with food and body.</p>
	<p>Gregory Holich, LPC</p> <p><i>DBT and ACT: Blending Two Treatment Models for a Comprehensive Approach Towards Eating Disorders</i></p> <p>This presentation is a discussion on the treatment of eating disorders through DBT and ACT interventions. Attendees will learn about and expand on the four modalities/didactics of DBT. Attendees will also explore the core processes of the ACT Hexa-Flex. The Hexa-Flex is the six core processes of ACT.</p>
	<p>Kari Anderson DBH, LCMHC, CEDS</p> <p><i>But I Want to Lose Weight! Shifting the Focus for Lasting Change</i></p> <p>Concern about weight is common in binge eating disorder and, indeed, contributes to the behavior. Unfortunately, someone who has binge eating disorder may be more likely to seek professional help for weight loss than for treatment of an eating disorder. This workshop helps clinicians understand the motivational dynamics of those with binge eating disorder enabling them to attract and skillfully shift their clients to a broader focus of improving physical and emotional health. Motivational Interviewing and mindfulness-based interventions to help clients decrease binge eating and increase autonomy and competence in their relationship with food and their bodies will be presented.</p>

12:00-1:00PM	Lunch
1:00-2:30PM	Concurrent Sessions 2
	<p>Michael Genovese, MD, JD <i>Modern Integrative Care of Patients with Multiple Diagnoses</i></p> <p>Patients generally present with multiple diagnoses. Each patient is an individual requiring a sophisticated, individualized treatment plan. Modern integrated care includes multiple modalities ranging from psychotherapy to pharmacology to neuromodulation. This presentation will touch upon the different modalities attendees can use with their clients.</p>
	<p>Anna Kowalski MA, LMFT, CEDS & Melissa Coffin PhD, CEDS <i>From Calories to Connections: Transitioning relationships with food to relationships with people in the treatment of eating disorders</i></p> <p>In the treatment of eating disorders we've found that sometimes it's about the food, but mostly it's about the relationships. Guiding our clients to transfer their attachment to food to an attachment with people in their lives is a central part of successful treatment. This presentation will be based on a discussion of key principles to aid clients in making this transition. Based on the clinical experience of asking our clients "How is your relationship with food like your relationship with people?", presenters have case examples and clinical experience to clarify this concept. More specifically, presenters will discuss diagnostics, personality traits, stage of life issues, relationship dynamics and other factors that make this transition difficult. Participants will leave with clinical interventions that they can use to assist their clients moving forward.</p>
	<p>Judith Brisman PhD & Melainie Rogers MS, RDN, CDN, CEDRD <i>You need what?!--Negotiating the needs of parents, kid and the therapeutic milieu</i></p> <p>Balancing the needs of families, adolescents & young adults in the framework of an intensive treatment program presents special challenges. Parents and therapeutic programs need to contain destructive symptomatic behavior while, at the same time, autonomy needs to be fostered. This is a tough balance for everyone involved. How to delicately allow boundary setting while encouraging one's often oppositional voice (be it the child, parent -- or therapeutic program) is the goal of this presentation.</p>
	<p>Monika Ostroff LICSW <i>Eating Disorders on the Spectrum</i></p> <p>With autism rates at 1 in 50 and rising, it is no surprise that we are seeing an increased number of individuals on the spectrum in our practices. It is imperative that we are able to distinguish bona fide sensory integration/sensory processing challenges from eating disorder symptoms and behaviors, as they can look identical. In order to help you provide effective treatment, this workshop will ensure that you are able to screen appropriately, identify resources for those whose eating problems are sensory based; adapt your treatment protocols to accommodate the sensory needs of those who do need Eating Disorder treatment; and modify your treatment plans and groups to accommodate the primarily right-brained learning styles that people on the spectrum tend to have. Several interactive case illustrations will boost your confidence in providing appropriate, effective treatment to these individuals.</p>
2:30-2:45PM	Refreshment Break

2:45-4:15PM	Concurrent Sessions 3
	<p>Margherita Mascolo, MD <i>The Medical Complications of Severe Malnutrition</i></p> <p>The medical complications of severe eating disorders are not well understood even in clinical and academic settings, because physicians and nurses rarely receive formal training in starvation or refeeding medicine and may not care for many eating disordered patients. Some of the most medically and psychologically fragile patients therefore often receive suboptimal medical care, which can result in patient harm and mistrust of the medical system, as well as provider frustration and sense of helplessness. Dr. Mascolo is the interim medical director of ACUTE Center for Eating Disorders and has been caring for the severely malnourished for over eight years. She will lead a case-based, highly detailed discussion on the medical complications of severe malnutrition. This workshop will use cases to illustrate the myriad medical complications that arise from severe restriction/underweight as well as purging.</p>
	<p>Laura Moretti MS,RD,CSSD,LDN & Meg Steffey Schrier MS,RD,CSSD,LDN <i>Nuts & Bolts of Sports Nutrition and Eating Disorders</i></p> <p>The presentation will focus on education regarding RED-S(relative energy deficiency of sport) including how some schools are utilizing identification tools. Presenters will help identify risk factors associated with ED and how to work and fuel patient's with EDs that are continuing to exercise at a high caliper</p>
	<p>Chase Bannister MDiv MSW LCSW CEDS & Kitty Westin, MS, LP <i>The Bold and the Beneficent: Advocating for Innovation in the Field of Eating Disorders</i></p> <p>Presenter will draw from experiences building a specialty hospital system for an underserved clinical population and current efforts advocating for federal mental health legislation to detail how communities working together on local, state, and federal levels raise awareness and decrease stigma around eating disorders (ED) and their treatment. Participants will learn how these efforts have changed the legal landscape, raising the bar for awareness of current research and/or best-practices in eating disorders treatment, increased insurance coverage for ED treatment, and increased ED education and prevention opportunities. Presenter will root participants in the core value of collaboration; when the broad constituencies invested in public health partner together—researchers, clinicians, departments of health, parents, friends, clinicians, elected officials, extended families, schools, treatment centers, care managers, advocates—we unleash an unspeakably powerful force which could, can, and would mitigate</p>
	<p>Jamie Atkins RD & Jen Henretty, PhD <i>A Heavy Price: The Effect of Subtle Weight Stigma on Our ED Field, Our ED Clients, and Ourselves AND What To Do About</i></p> <p>This presentation uses video and lecture to highlight the prevalence of subtle weight stigma in everyday interactions (starting in childhood) and even in ED treatment settings. Experiential exercises will allow us to safely explore our own weight biases. Consequences and solutions will be presented, especially as related to the "fight against obesity."</p>

Saturday, March 11, 2017

8:00-8:30AM	Registration and Check-InWelcome Table
8:00-8:30AM	Breakfast
8:30-9:00AM	Welcome
9:00-10:30AM	Bryn Austin, ScD & Rachel Rodgers, PhD <i>Prevention of Eating Disorders Through Changes at the Societal Level</i>
10:30-10:45AM	Refreshment Break
10:45AM- 12:15PM	Concurrent Sessions 1
	Ann Goebel-Fabbri, PhD <i>Prevention and Recovery from Eating Disorders in Type 1 Diabetes</i> This workshop will teach participants what Type 1 Diabetes is, how it is treated, and how it may lead to heightened risk for eating disorders. It will focus on insulin restriction as a diabetes-specific eating disorder symptom. The research literature on this issue will be reviewed. Lastly, I will summarize "lessons learned" while writing my book, in which I interviewed diabetic women in recovery about how their eating disorders emerged and how they worked toward recovery.
	Marcia Black, PhD <i>Integrating OCD research/assessment/treatment into our work with AN</i> What we consider to be treatment-resistant anorexia is, most likely, powerfully conditioned behavior that is impossible for any patient to resist without accurately addressing the obsessive/compulsive patterns that are present in all anorexic patients. Without targeting this behaviorally conditioned response throughout every stage of treatment, recovery is partial at best. In this workshop I will present research and treatment modalities developed for the OCD patient, along with my clinical experience treating both OCD, ED, and co-occurring AN/OCD. My focus will be on 1) assessing for the obsessive/compulsive patterns unique to anorexia, which usually are overlooked in both the standard AN (EDE - Fairbairn) and OCD (Y-BOCS) assessment tools and 2) how to integrate E/RP (exposure/response prevention) in the domains of nutrition, eating behaviors, and cognitive distortions regarding weight, body discomfort and food.
	Laura Douglass Ph.D. <i>Trust the Body: Normalizing the Process of Learning through the Body by Partnering with your Client</i> Trusting the body is learned. Helping our clients to trust the body requires that we understand where our clients are in the healing process and understand the potential role of trauma in how they experience their body. Learn how to scaffold dialogue and partner with your client to understand what they are trying to learn (or avoid) through yoga, CrossFit, weightlifting or running. Using personal experience and the neuroscience behind learning through the body, this session will inspire you to partner with your clients to learn through the body.

10:45AM- 12:15PM	<p>Caroline Balz, LMHC <i>Narrative Therapy: Re-authorship as a Therapeutic Modality for the Treatment of People with Eating Disorders</i></p> <p>This workshop explores the applications of narrative therapy for people struggling with eating disorders. Via experiential exercises, clinician’s will be asked to think critically about the blocks our clients face. Clinician’s will explore their role in the authorship of our client’s narrative. Attendees will leave with tools, such as worksheets and further readings to expand your tool bench of skills to help people heal.</p>
12:15-1:15PM	<p>Lunch.....</p>
1:15-2:45PM	<p>Concurrent Sessions 2</p>
	<p>Melissa Freizinger, PhD & AE Rueppel <i>Family Based Therapy: The Art and the Science</i></p> <p>Family Based Treatment (FBT) is an empirically based treatment that was developed to treat anorexia nervosa (AN). According to multiple studies, FBT may be the best, and most cost-effective, treatment for adolescents struggling with AN. The science that supports FBT will be discussed, as well as the latest applications of FBT with other populations. This will be discussed through case examples when the science and the structure should be implemented and when the ‘art’ of clinical judgment can be applied. AE Rueppel is a mother whose oldest daughter was “stolen in the middle of the night” three years ago, by AN. She will discuss her family’s experience with FBT, which allowed the return of their daughter and full recovery. AE will share thoughts about what she wished she knew before going through the experience, and what she believes therapists could do to help families prepare, survive, and succeed.</p>
	<p>Karin Lawson, PsyD, CEDS, RYT-200 & Debra Benfield M.Ed., RDN, LDN, RYT-200 <i>Yoga & Sensory Awareness: Supporting Recovery in Multidisciplinary Outpatient</i></p> <p>In this didactic and experiential workshop, these multi-disciplinary presenters will discuss patient assessment as it pertains to incorporation of yoga, inviting our clients to yoga, and the nuts and bolts of integrating yoga into session. Themes of body-awareness, emotional-awareness, self-soothing and self-compassion will be incorporated. The barriers to integrating yoga will be addressed, including “the yoga body” and food beliefs sometimes affiliated with the yoga practice.</p>
	<p>Marci Evans, MS, CEDRD, LDN, cPT & Lauren Adler Dear MS, RDN, LDN <i>When Elimination Diets Aren’t the Answer: Effective and Safe Solutions to Support Eating Disorder Recovery & Gastrointestinal Health</i></p> <p>Gastrointestinal complaints plague over 90% of eating disorder patients at all levels of care. These complaints compromise quality of life, exacerbate negative body image, and stall efforts toward full recovery. ED expert Marci Evans and GI specialist Lauren Adler Dear bring you an information packed session which explains the complex intersection of GI and eating disorders, how to provide a detailed and purpose-driven assessment, laboratory testing and medical procedures specific to the GI system, and the newest research relating to the microbiome. You will leave with a multi-faceted toolbox of non-triggering interventions to vastly improve the quality of life of your patients.</p>
	<p>Adrienne Kerrigan M.Ed, CPC & Molly Mayerson, MSW, LICSW <i>Where the Rubber Meets the Road: Bridging the Gap Between Your Office and Your Client's "Real Life"</i></p> <p>In-home support services in the eating disorder field is a non-traditional, largely uncharted approach to treatment. With clients unable to access higher levels of care or transitioning from a treatment program, in-home services offer an effective adjunct to the traditional team approach. This session will highlight the complimentary nature of in-home eating disorder services. Case studies, discussion, and didactic lecture will illustrate common themes which emerge through in-home clinical work: unseen/unvocalized obstacles for clients in recovery and an enhanced capacity to view the world from a client's lens.</p>

2:45-3:00PM	Refreshment Break
3:00-4:30PM	Concurrent Sessions 3
	<p>Brad Smith, MD & Nicholas Farrell PhD <i>It's a Guy Thing, Too: New Developments in the Treatment of Males with Eating Disorders</i></p> <p>Although thought of as a predominantly "female" problem, eating disorders affect a surprisingly high number of males. The aim of our presentation is to provide clinicians with guidance in the treatment of males with eating disorders throughout the lifespan. We will review the unique features of eating disorder presentations in males and describe an innovative treatment approach used for male patients throughout our program. This treatment emphasizes helping males with eating disorders to modify their behavior in relation to eating and body image. We will review the effectiveness of the treatment via presenting outcomes among male patients in our program.</p>
	<p>Jennifer J. Thomas PhD & Kamryn T. Eddy PhD <i>Cognitive-Behavioral Therapy for Avoidant/Restrictive Food Intake Disorder (CBT-AR): Children, Adolescents, and Adults</i></p> <p>Avoidant/Restrictive Food Intake Disorder (ARFID) was recently added to the Feeding and Eating Disorders section of DSM-5 to describe children, adolescents, and adults who cannot meet their nutritional needs, typically because of sensory sensitivity, fear of aversive consequences, and/or apparent lack of interest in eating or food. ARFID is so new that there is currently no evidence-based treatment. Thus our workshop will fill an important gap for our colleagues who are already seeing such patients in clinical practice by providing specialized training in a new form of cognitive-behavioral therapy for ARFID (CBT-AR) that we have recently developed at Massachusetts General Hospital. Our interactive presentation will include a brief description of the rationale for and goals of CBT-AR; detailed case examples drawn from a heterogeneous group of patients who have benefitted from this treatment; critical choice points for tailoring CBT-AR to the presenting patient; and interactive role-plays demonstrating CBT-AR techniques across the four stages of this flexible, modular treatment. We welcome audience members to come with questions about specific cases from their own clinical practice, and we will leave ample time for discussion at the workshop's conclusion.</p>
	<p>Julia Cassidy MS, RD, CEDRDS & Malak Saddy RD, LD <i>The Incorporation of Intuitive Eating during Treatment and in Recovery</i></p> <p>The presentation will cover the different types of treatment for eating disorders and the integral role that the dietitian plays. Statistics as well as medical complications and nutrition therapy will be reflected on throughout the session with an emphasis on the dietary aspect of treatment. The importance of nutrients, their function in the body, and their role in recovery will also be presented and identified. Participants will be educated on the all foods fit philosophy and how to utilize a non-diet approach through dietary challenges as well as exposures during treatment stays as well as afterwards.</p>



Registration

REGISTRATION IS ALSO AVAILABLE ONLINE at www.medaconference2017.eventilla.net

<u>Friday, March 10, 2017</u>		<u>Saturday, March 11, 2017</u>	
Keynote - Schuyler Bailar: His Story	ALL ATTENDEES	Keynote - Prevention of Eating Disorders Through Changes at the Societal Level	ALL ATTENDEES
Breakout 1 1A Sticky Situations - Consultations in Real Time 1B A Team Approach to Transforming Food and Body Shame 1C DBT and ACT: Blending Two Treatment Models for a Comprehensive Approach Towards Eating Disorders 1D But I Want to Lose Weight! Shifting the Focus for Lasting Change	1st Choice: _____ 2nd Choice: _____	Breakout 1 1A Prevention and Recovery from Eating Disorders in Type 1 Diabetes 1B Integrating OCD research/assessment/treatment into our work with AN 1C Trust the Body: Normalizing the Process of Learning through the Body by Partnering with your Client 1D Narrative Therapy: Re-authorship as a Therapeutic Modality for the Treatment of People with Eating Disorders	1st Choice: _____ 2nd Choice: _____
Breakout 2 2A Modern Integrative Care of Patients with Multiple Diagnoses 2B From Calories to Connections: Transitioning relationships with food to relationships with people in the treatment of eating disorders 2C You need what?!--Negotiating the needs of parents, kid and the therapeutic milieu 2D Eating Disorders on the Spectrum	1st Choice: _____ 2nd Choice: _____	Breakout 2 2A Family Based Therapy: The Art and the Science 2B Yoga & Sensory Awareness: Supporting Recovery in Multidisciplinary Outpatient Settings 2C When Elimination Diets Aren't The Answer: Effective and Safe Solutions to Support Eating Disorder Recovery & Gastrointestinal Health 2D Where the Rubber Meets the Road: Bridging the Gap Between Your Office and Your Client's "Real Life"	1st Choice: _____ 2nd Choice: _____
Breakout 3 3A The Medical Complications of Severe Malnutrition 3B Nuts & Bolts of Sports Nutrition and Eating Disorders 3C The Bold and the Beneficent: Advocating for innovation in the field of eating disorders 3D A Heavy Price: The Effect of Subtle Weight Stigma on Our ED Field, Our ED Clients, and Ourselves AND What To Do About It	1st Choice: _____ 2nd Choice: _____	Breakout 3 3A It's a Guy Thing, Too: New Developments in the Treatment of Males with Eating Disorders 3B Cognitive-Behavioral Therapy for Avoidant/Restrictive Food Intake Disorder (CBT-AR): Children, Adolescents, and Adults 3C the Incorporation of Intuitive Eating during Treatment and in Recovery	1st Choice: _____ 2nd Choice: _____

Registration Rates (rates include Continuing Education Credits)

Early Bird Registration Rates (Ends February 12, 2017)	
One-Day Rate (Friday or Saturday)	\$255
Friday and Saturday Conference Rate	\$455
Professional Member One-Day Rate	\$235
Professional Member Friday and Saturday Rate	\$405
Full-time Student One-Day Rate	\$120
Full-time Student Friday and Saturday Conference Rate	\$210
Registration Rates(Through March 9, 2017)	
One-Day Rate (Friday or Saturday)	\$305
Friday and Saturday Conference Rate	\$505
Professional Member One-Day Rate	\$285
Professional Member Friday and Saturday Rate	\$455
Full-time Student One-Day Rate	\$150
Full-time Student Friday and Saturday Conference Rate	\$240
At the Door (March 10-11, 2017)	
One-Day Rate (Friday or Saturday)	\$325
Friday and Saturday Conference Rate	\$525

Discounts available:

- Groups of 3 or more people from the same organization or practice may receive a 10 percent discount.
- MEDA Professional members are eligible for a discount off of their conference registration

2017 Exhibitors

ACUTE

Behavioral Nutrition

Cambridge Eating Disorders Center

Carolina House

Castlewood

Center for Discovery

Eating Recovery Center

Fairhaven Treatment Center

Gaudiani Clinic

Green Mountain at Fox Run

International Association of Eating Disorder Professionals (IAEDP)

Klarman Center at McLean

Massachusetts General Hospital

McCallum Place

Monte Nido & Affiliates

New Haven

O'Connor Professional Group

Oliver Pyatt Centers

Princeton Eating Disorders Center

Remuda Ranch at the Meadows

Renfrew Center

Rogers Memorial Hospital

Sierra Tucson

Silver Hill Hospital

The Emily Program

Timberline Knolls

Veritas Collaborative

Walden Behavioral Care

Hotel and Travel

Hotel

Where: [Boston Marriott—Newton](#)

Room Rates and Reservations

The following special room rate is being offered to MEDA guests by the Boston Marriott—Newton: \$159.00 single/double.

Reservations must be made by [February 16, 2017](#) for this rate to apply. To make your reservation call 1-617-969-1000 and use the group code MEDA or visit our website to book online.

Hotel Amenities

Check-in and Check-out

Check-in: 4:00 PM

Check-out: 12:00 PM

Express Check-In and Express Checkout

Video Review Billing , Video Checkout

Parking

Complementary On-site parking,

Internet Access

Complimentary high speed internet included in room rate

Lobby and public areas: Complimentary Wireless

Meeting rooms: Wireless, Wired

Travel to the hotel: Boston Marriott Newton

2345 Commonwealth Avenue

Newton, Massachusetts 02466 USA

Nearest Airport

Boston Logan International Airport—BOS

-The hotel does not provide shuttle service