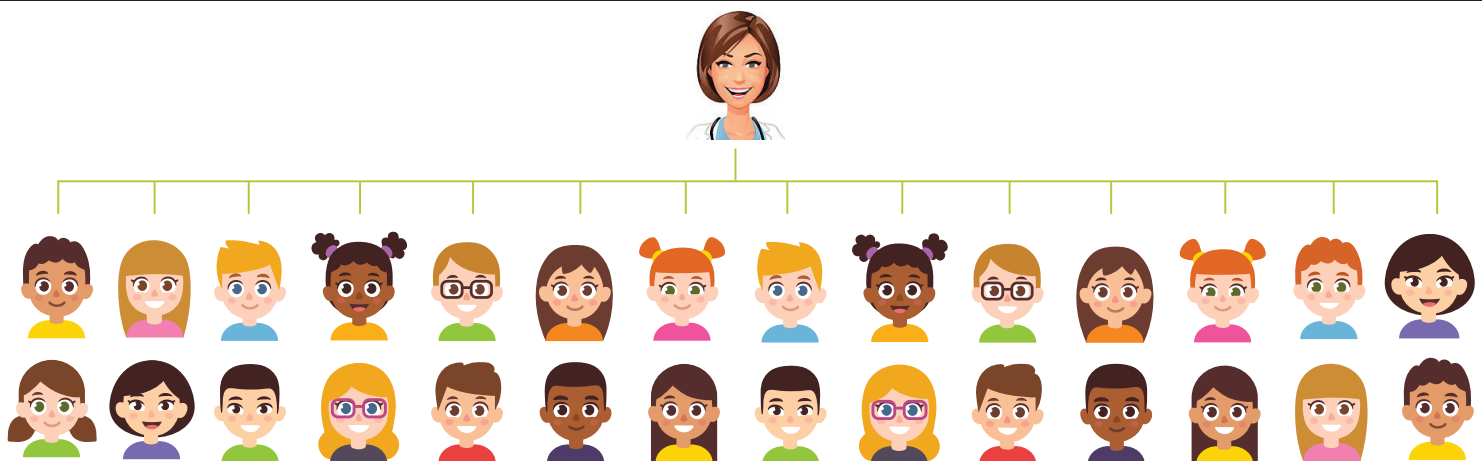


Good physicians treat the disease. Great ones treat the patient.



Massachusetts statistics say **10% of high school students try to control their weight by fasting, vomiting or with laxatives.** At MEDA, we specialize in helping those affected by eating disorders. We offer assessments, support groups, skill sessions and parent-family services. On average, **one Primary Care Physician sees 25-30 patients a day.** With your help, we can reach & support thousands of Massachusetts children facing eating disorder challenges. **The Sooner the Better.**

- Offer the client resources based on geographic location and insurance coverage
- Schedule an assessment for the client, which will give the patient and family a roadmap for treatment

MEDA will:

1. Email MEDA at education@medainc.org to schedule an in-office presentation to train your staff on best practices for identifying eating disorders, working with weight stigma, and referring clients for eating disorder treatment.
2. Call MEDA at 617-558-1881 if you have a patient who is exhibiting signs of an eating disorder or a parent who is concerned about their child.

Reach out to MEDA. We are your resource. The Sooner the Better!

- Eating Disorder Assessments
- Referrals to our Professional Network of Eating Disorder Specialists
- Support Groups for Patients and Families
- Short-term Skill-based Therapy
- Coaching sessions for Parents & Loved ones
- Recovery-focused Community Events

MEDA's Services:

The Multi-Service Eating Disorders Association (MEDA) is a community nonprofit whose mission is to prevent the continuing spread of eating disorders through educational awareness and early detection. MEDA serves as a support network and resource for clients, loved ones, clinicians, educators, and the general public. Eating disorders and struggles with negative body image touch all of our communities.

Every 62 minutes at least one person dies as a direct result from an eating disorder (*Eating Disorders Coalition, 2016*). However, eating disorders can be successfully treated with appropriate interventions, yet only one-third of persons with eating disorders receive any medical, psychiatric, or therapeutic care. (*H.Res.428, 115th Congress, 2017-2018*) Make sure your practice is taking the right steps to ensure your patients struggling with eating disorders receive the best possible care by educating your staff through MEDA's **The Sooner the Better** initiative.

MEDA & Our Education Initiative - The Sooner the Better