Participant Solicitation: Treatment of Adolescents with Eating Disorders

This solicitation is intended for therapists who are **currently** treating someone diagnosed with an eating disorder in individual psychotherapy.

This research has been reviewed and approved by the Adelphi University Institutional Review Board (IRB #030318).

We are interested in your experience as a therapist of adolescents (13 to 18 years old) with eating disorders, and in particular, characteristics of the treatment you provide. Related, we are interested in understanding how your therapeutic relationship and emotional responses toward your patient influence the treatment process. The final aspect of our study inquires about your patient's history of childhood trauma, to assess its presence in this population. In examining these different types of processes we are trying to develop a better understanding of treatment for adolescents with eating disorders and identify important aspects in the healing process.

This study requires only minimal time investment. Participation is completely voluntary. Also these ratings will be completely confidential. You should put **no** identifying information on any of your materials online insuring complete anonymity.

You have the option to participate anonymously in an online survey at the website address below whenever and wherever you feel most comfortable to do so at:

http://derner.adelphi.edu/youth-eating-disorders/

By clicking on the link that permits access to the online survey (via qualtrics) and clicking *I consent,* you are giving consent to participate in the study.

Thank you in advance for your time and considering participation in this research. Although there is no monetary compensation for participation in this study, your participation actively contributes to an important body of research regarding the therapeutic process with this population.

Taylor Groth, M.A.
Clinical PhD student
Adelphi University

Mark J. Hilsenroth, PhD. ABAP
Professor of Psychology
Adelphi University