

Van Dusen Nutrition 

# PROCESSING AND SUPPORT GROUP

FACILITATED BY:  
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LCSW

You do not have to face eating disorder recovery alone. In this group, participants will find a supportive environment where they can freely share their experiences, gain valuable insights, and receive empathetic peer support from others who understand the challenges firsthand. It's a place where individuals with shared experiences come together to foster understanding, provide encouragement, and navigate the journey to recovery together.

This is a FREE virtual group on  
Tuesdays at 5:00 p.m. EST  
starting August 27th.

Please reach out to  
[info@vandusennutrition](mailto:info@vandusennutrition) to sign  
up and ask any questions.

